



## Hotline Numbers/ Outreach/

## Pastoral Care Referrals

### Hotlines

#### Suicide Prevention

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| National Suicide Prevention Lifeline           | 800-273-8255 (TTY 800-799-4889)        |
| Veterans Crisis Line                           | 800-273-8255, Press 1 (Text<br>838255) |
| Clarksville/Mont Co Crisis Intervention Center | 931-648-1000                           |
| TN Crisis Line                                 | 855-274-7471                           |

#### Sexual Assault/Rape

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| Clarksville Rape and Sexual Abuse Center -<br>SAFE Clinic | 800-879-1999 |
| DoD Sexual Assault Helpline                               | 877-995-5247 |
| National Domestic Violence Hotline                        | 800-799-7233 |
| Fort Campbell Installation SHARP Hotline                  | 270-498-4319 |

#### Domestic Abuse

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| Fort Campbell Victim Hotline              | 931-980-5787                               |
| KY Cabinet for Health and Family Services | 877-597-2331                               |
| National Child Abuse                      | 800-422-4453                               |
| National Domestic/Partner Violence        | 800-799-7233 (TTY 800-787-3224)            |
| National Teen Dating Abuse                | 866-331-9474 (TTY 866-331-8453)            |
| SafeHouse Domestic Violence Shelter       | 931-552-6900 (Crisis Line<br>866-592-6902) |

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| TN Coalition to End Domestic Violence/Sexual Assault | 800-289-9018 |
| TN Dept of Human Services Adult Protective Services  | 888-277-8366 |
| TN Dept of Human Services Child Abuse Hotline        | 877-237-0004 |
| Youth Villages                                       | 866-791-9221 |

Elder Abuse

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| TN Elder Abuse | 888-277-8366 |
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| <i>Outreach Organizations</i>  | <i>Hours</i>          | <i>Service(s) Provided</i>   |
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| American Red Cross Hero Care Network<br>877-272-7337                             |                       | Works with military aid societies to provide assistance for Veterans & immediate family members for emergency travel, food, shelter<br><a href="https://www.redcross.org/get-help/military-families/services-for-veterans.html">https://www.redcross.org/get-help/military-families/services-for-veterans.html</a> |
| Community Action Agency<br>931-896-1800<br>150 Lafayette Road 37042              | M-F<br>8-4:30pm       | Energy assistance, weatherization assessment, rent/mortgage assistance, day shelter<br><a href="http://www.cmccaa.com/">http://www.cmccaa.com/</a>   |
| First Christian Church Lord's Pantry<br>931-647-3935<br>516 Madison Street 37040 | Tuesday<br>10:30-12pm | Food boxes<br><a href="http://firstchristianclarksville.com/missions/lords-pantry/">http://firstchristianclarksville.com/missions/lords-pantry/</a>  |
| Flourishing Families<br>931-221-2992<br>865 Gracey Avenue 37040                  | 4-8pm                 | Counseling, shelter, career development, childcare (Does not help with utility bills or financial assistance)<br><a href="https://www.flourishingfamilies.org/">https://www.flourishingfamilies.org/</a>   |
| Good Samaritan Medical & Dental<br>931-648-2444<br>356 Union Street 37040        | M-F<br>9-12pm         | Medical and dental care for the uninsured not covered by any state or federal programs; must meet federal income guidelines. No website  |

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| Hope Pregnancy Center<br>931-645-2273<br>325 N Second Street 37040  | M & Th 9-2 pm<br>T & Wed<br>10-5pm                       | Advocacy and support for women and couples facing an unexpected pregnancy<br><a href="https://www.hopepregnancy.net/">https://www.hopepregnancy.net/</a>   |
| Legal Aid Society of MidTN & Cumberlands<br>931-552-6656<br>109 South Third Street 37040                      | M-F<br>8:30-4:30pm<br>By appt only                       | Helps with non-criminal legal issues impacting lives of low-income families.<br><a href="https://las.org/">https://las.org/</a>  |
| Loaves and Fishes Soup Kitchen<br>931-645-9020<br>215 Foster Street 37043                                     | M-Sat<br>10:30-Noon                                      | Hot meals<br><a href="http://loavesandfishestn.org/">http://loavesandfishestn.org/</a>   |
| Manna Cafe Ministries<br>931-933-0970<br>605 Providence Blvd 37042  | M, W, F<br>10-4pm  | Food boxes (1 box every 30 days per household; bring photo ID and proof of address.<br><a href="https://www.mannacafeministries.com/">https://www.mannacafeministries.com/</a>   |
| Manna Cafe Ministries at Lincoln Homes (near the tennis courts)   | Wed<br>5:30-7pm  | Hot meals<br><a href="https://www.mannacafeministries.com/">https://www.mannacafeministries.com/</a>   |
| Manna Cafe Ministries at The Refuge Community Center (@ Manna Village)<br>503 D St 37042                      | Tu,W, & Th<br>5:30-7pm<br>Sat<br>8:30-10am &<br>5:30-7pm | Hot meals<br><a href="https://www.mannacafeministries.com/">https://www.mannacafeministries.com/</a>   |
| Manna Cafe Ministries at Christ the Healer Church<br>1295 Paradise Hill Rd 37040                              | Th 5:30-7pm<br>Sat<br>8:30-10am                          | Hot meals<br><a href="https://www.mannacafeministries.com/">https://www.mannacafeministries.com/</a>   |
| Manna Village Sick Call Clinic @ The Refuge<br>931-933-0970<br>503 D St 37042                                 | Thursdays at<br>1pm (arrive at 12:30pm)                  | Free health clinic in cooperation<br><a href="https://www.mannacafeministries.com/">https://www.mannacafeministries.com/</a>   |
| Matthew Walker Comprehensive Health Ctr<br>931-920-5000 (After Hours<br>615-327-9400)<br>230 Dover Road 37042 | M-F<br>7:30-5pm<br>Sat<br>8:30am-1pm                     | Sliding scale comprehensive health care and specialty care services<br><a href="http://mwchc.org/">http://mwchc.org/</a>   |
| Meals on Wheels<br>931-645-5629   |  | Meal delivery for individuals age 60 and up who are homebound or meet the needs as determined by state guidelines<br><a href="http://www.mchra.com/meals-on-wheels-do-you-need-meals">http://www.mchra.com/meals-on-wheels-do-you-need-meals</a> |

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| Mid-Cumberland Public Transport<br>800-945-4125                         | M-F<br>8-4:30pm                               | Provides low-cost transportation including to Nashville. Priority given to medical appointments. Advance notice requested.<br><a href="http://www.mchra.com/public-transit">http://www.mchra.com/public-transit</a>                                     |
| Old Firehouse Day Shelter<br>931-542-0381<br>1498 Golf Club Lane 37040  | M-F<br>8-4                                    | Full service center serving as an entry point for the homeless and/or at-risk individuals and families<br><a href="http://www.cmccaa.com/community-programs/firehouse-day-shelter/">http://www.cmccaa.com/community-programs/firehouse-day-shelter/</a> |
| Operation Stand Down<br>931-896-2184<br>400 Madison Street 37040        | M-Th<br>8-4:30pm<br>F 10-4:30pm               | No-cost social services, basic needs/ food, transitional housing program, VA shuttle and more for Veterans and their families<br><a href="http://osdtn.org/">http://osdtn.org/</a>  |
| Radical Mission<br>931-648-1496<br>150 Richview Road 37043              | Tu & Th<br>9-1pm                              | Food pantry, clothing, furniture, emergency housing, income-based counseling<br><a href="https://radicalmission.org/">https://radicalmission.org/</a>   |
| SafeHouse<br>931-552-6900 (Crisis Line<br>866-592-6902)                 |   | Assistance and safe shelter for domestic violence victims<br><a href="https://www.clarksvilleurbanministries.com/safehouse/">https://www.clarksvilleurbanministries.com/safehouse/</a>  |
| Saint Bethlehem UMC<br>931-647-5126<br>2201 Old Russellville Pike 37040 | 1 <sup>st</sup> & 3 <sup>rd</sup> W<br>11-1pm | Food boxes<br><a href="http://www.stbumc.com/about.html">http://www.stbumc.com/about.html</a>   |
| Salvation Army<br>931 552-5350<br>210 Kraft Street 37040                | M-F<br>8-4pm                                  | Social Services, food pantry, emergency shelter (shelter intake 6-10pm)<br><a href="http://salvationarmykytn.org/locations/clarksville/">http://salvationarmykytn.org/locations/clarksville/</a>  |
| Serenity House Women's Shelter<br>931-320-9485                          |   | Provides transitional housing and supportive services for homeless mothers and children.<br><a href="https://www.facebook.com/SerenityHouseWomensShelterInc/">https://www.facebook.com/SerenityHouseWomensShelterInc/</a>                               |

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| <p>Urban Ministries<br/>931-648-9090<br/>217 S. Third Street 37040</p>  | <p>M &amp; F<br/>8-12pm</p> <p>T, W, &amp; Th<br/>8-3pm<br/>(last appt.<br/>taken 30<br/>mins. before<br/>closing)</p> | <p>Emergency financial assistance with utilities, food, shelter, transportation, medication, and other needs<br/><a href="https://www.clarksvilleurbanministries.com/">https://www.clarksvilleurbanministries.com/</a></p>                     |
| <p>Veterans Van Service<br/>931-553-5173<br/>350 Pageant Lane 37042</p> | <p>M-F<br/>8-4:30pm</p>  | <p>Provides Veterans and their eligible dependents free transportation to and from civilian and VA hospitals in the Nashville area<br/><a href="https://mcgtn.org/vso/veterans-van-service">https://mcgtn.org/vso/veterans-van-service</a></p> |
| <p>YAIPAKS<br/>931-701-0707</p>   |  | <p>Provides support, comfort, resources and the love of Christ to the homeless<br/><a href="https://yaioutreach.org/">https://yaioutreach.org/</a></p>   |

### *Counseling/Rehabilitation*

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| <p>Adult &amp; Teen Challenge of Mid-TN<br/>931-266-0882   833-462-8286<br/>130 Corporate Drive 37040</p>         |                               | <p>Long-term faith-based drug and alcohol treatment program for adult males ages 18+<br/><a href="http://atctn.org/middletn-adult-teen-challenge/">http://atctn.org/middletn-adult-teen-challenge/</a></p> |
| <p>Babb Center<br/>615-824-3772<br/>105 Music Village Blvd;<br/>Hendersonville TN 37075</p>                       | <p>M-Th 8-8pm<br/>F 8-5pm</p> | <p>Pastoral counseling to help people relate more effectively with God, themselves, and others<br/><a href="https://www.babbcenter.org/">https://www.babbcenter.org/</a></p>                               |
| <p>Bradford Health<br/>931-542-9816   24/7 Hotline<br/>879-7272<br/>235 Dunbar Cave Road, Suite A<br/>37043</p>   | <p>M-F 9-5pm</p>              | <p>In-patient and out-patient addiction and recovery programs<br/><a href="https://bradfordhealth.com/">https://bradfordhealth.com/</a></p>  |
| <p>Buffalo Valley<br/>931-796-5427   24/7 Hotline<br/>800-447-2766<br/>501 Park Ave S, Hohenwald TN<br/>38462</p> |                               | <p>Alcohol and substance abuse treatment, out-patient treatment, detox<br/><a href="http://www.buffalovalley.org/residential-rehab.html">http://www.buffalovalley.org/residential-rehab.html</a></p>       |

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| Harriett Cohn Center at Centerstone<br>931-920-7200<br>511 8th Street 37040                      | M-F 8-5pm<br>(open to the public by appt. only) | Full range of mental health and substance abuse services<br><a href="https://centerstone.org/">https://centerstone.org/</a>   |
| Harris and Associates<br>615-541-4648<br>1521 Dunbar Cave Road, Suite 5<br>37043                 |   | Families, couples, adolescents, trauma recovery<br><a href="https://www.harrisprofessionalcounseling.com/">https://www.harrisprofessionalcounseling.com/</a>  |
| Hope Center Ministries<br>866-396-4673<br>Seven locations in Tennessee                           |   | Faith-based residential drug and alcohol rehabilitation program<br><a href="https://www.hopecm.com/">https://www.hopecm.com/</a>  |
| Imani Behavioral Health<br>931-542-6637<br>933 Tracy Lane, Suite D 37040                         | M-F<br>8-5pm                                    | Individual, couples, family, alcohol and substance abuse, anger management<br><a href="http://www.imanibh.com/">http://www.imanibh.com/</a>   |
| Insight Counseling Center<br>615-383-2115<br>516 Madison Street 37040                            |   | Sliding scale pastoral care/ counseling<br><a href="http://insightcounselingcenters.org/">http://insightcounselingcenters.org/</a>  |
| Mental Health Cooperative<br>931-645-5440   866-816-0433<br>871 Professional Park Drive<br>37040 | M-F<br>8-4:30pm                                 | Sliding scale comprehensive mental health care services<br><a href="https://www.mhc-tn.org/">https://www.mhc-tn.org/</a>  |
| Mercy Multiplied<br>615-831-6987   | M-F 8-5pm                                       | No-cost Christian residential program for young women ages 13-32 breaking free from life-controlling issues and situations<br><a href="https://mercymultiplied.com/">https://mercymultiplied.com/</a>       |
| Progressive Directions Inc.<br>931-647-6333<br>1249 Paradise Hill Road 37040                     | M-F<br>8-4:30pm                                 | Non-profit full-spectrum support system for individuals with special needs and their families<br><a href="http://www.progressivedirections.com/">http://www.progressivedirections.com/</a>                  |
| Ross Behavioral Group<br>615-338-6341<br>2295 Raleigh Ct, St B 37040                             | M-Sat<br>8-8pm                                  | Individual, couples, family, and child counseling<br><a href="https://www.rossbg.com/">https://www.rossbg.com/</a>  |
| Sexual Assault Center and SAFE Clinic<br>931-241-4143<br>1725-I Wilma Rudolph Blvd<br>37040      | M-Th 8-6pm<br>F 8-2pm                           | Healing, education and advocacy for children, adults and families affected by sexual assault<br><a href="http://www.sacenter.org/about/clarksville.aspx">http://www.sacenter.org/about/clarksville.aspx</a> |

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| <p>Soldier Center<br/>931-553-6981<br/>2219 Lowes Drive West 37040</p>                                      | <p>M, W, F<br/>9-6pm<br/>T &amp; Th<br/>9-7pm</p> | <p>Individual, couples, and family counseling; including Trauma Resolution treatment for PTSD and Complex Trauma due to combat, childhood abuse/neglect and sexual assault<br/><a href="https://www.soldier-center.com/index.html">https://www.soldier-center.com/index.html</a></p> |
| <p>Soldiers and Families Embraced (SAFE)<br/>931-591-3241<br/>1812 Haynes Street 37043</p>                  | <p>M-Th 10-3pm</p>                                | <p>Free individual and couples counseling for Service Members, Veterans, and their families, counseling for First Responders<br/><a href="https://www.soldiersandfamiliesembraced.org/">https://www.soldiersandfamiliesembraced.org/</a></p>   |
| <p>Steven A. Cohen Military Family Clinic at Centerstone<br/>931-221-3850<br/>775 Weatherly Drive 37043</p> | <p>M-W 8-5pm<br/>Th 8-7pm<br/>F 8-12pm</p>        | <p>Mental health care for Veterans and their families at low to no cost<br/><a href="https://centerstone.org/cohen-military-family-clinic/">https://centerstone.org/cohen-military-family-clinic/</a></p>  |
| <p>Trinity Behavioral Health<br/>931-919-2641<br/>151B Hatcher Lane 37043</p>                               | <p>M-Th 9-6<br/>F 10-3</p>                        | <p>Counseling for mental health issues including anxiety, depression, PTSD, child and adolescent behavioral concerns<br/><a href="https://www.trinitybehavioral.com/">https://www.trinitybehavioral.com/</a></p>   |

## Therapists

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| <p>Betsy Abrams, LCSW<br/>931-980-8253<br/>1521 Dunbar Cave Road 37043</p>                                   |  | <p>Individual and couples counseling for a wide range of emotional and behavioral issues<br/><a href="https://betsybabrams.com/">https://betsybabrams.com/</a></p> |
| <p>Daron Dickens, LMFT<br/>931-614-0454</p>  | <p>T, W 10-7<br/>Th 10-1<br/>F 10-6</p>  | <p>Individual, marriage, couples, and family therapy<br/><a href="https://darondickens.com/">https://darondickens.com/</a></p>                                     |
| <p>Dr. Lana Jones, PhD, LMFT<br/>949-533-5262<br/>394 W. Main St, Suite 11,<br/>Hendersonville 37075</p>     | <p>M-F<br/>9-6</p>   | <p>Individual, couples, and family counseling<br/><a href="http://marriagecounselorhendersonville.com/">http://marriagecounselorhendersonville.com/</a></p>        |
| <p>Nicolette Tomaszewski, LPC-<br/>MHSP Center for Healing<br/>931-320-9683<br/>119 N Third Street 37040</p> | <p>In-office<br/>hours<br/>F 1-7, S 10-5<br/>By phone during<br/>normal business<br/>hours</p> | <p>Trauma-informed treatment for childhood sexual abuse, sexual assault/rape, anxiety, depression, other concerns<br/>No website available</p>                     |
| <p>Rebecca Townsend, LPC, NCC,<br/>SLPE<br/>931-551-4640<br/>1662 Golf Club Lane 37043</p>                   | <p>By<br/>appointment<br/>only</p>   | <p>Individual, couples, and family counseling<br/><a href="http://www.rebeccatownsend.com/">http://www.rebeccatownsend.com/</a></p>                                |
| <p>Janet Velazquez, LMFT<br/>931-302-5007<br/>1521 Dunbar Cave Road 37043</p>                                |  | <p>Individual, children, couples, marriage, and family therapy<br/><a href="https://www.clarksvillettherapy.com/">https://www.clarksvillettherapy.com/</a></p>     |