



Week of March 17, 2024 WORDS OF WISDOM: REST IN GOD BEGINS WITH TRUST IN GOD

Proverbs 3:5-8 Speaker: Pastor Elmer Cañas Jr

ICEBREAKER wanted to do but

What's something you've always wanted to do but haven't done yet? Why not?



TRUST THE LORD

- It is countercultural to release control to anyone.
 Do you struggle with trying to be in control or allowing people to control you?
- And how do you release full control to God? (Daily? Weekly? Periodically?)
- Our own experience can impose fear; our own experience can impose doubt; our own experience can paralyze us and keep us from walking in the will of God for our lives. Do you struggle with theology (beliefs, faith, truth of the word) from your experiences or do you base it on the truth of the scripture? Explain?

SEEK & FIND

- How do you seek and know what God's will is?
- How do you keep being persistent in seeking God when the challenges of life seem too big and you are not seeing the results you were expecting?

ME vs GOD

- In the stories of Samson and Joseph, both paid consequences, one was motivated by God's will and one was motivated by worldly consequences. Are you motivated by God's will or the world's consequences?
- Pride comes before the fall. Do you struggle with finding your confidence in God or rely on self confidence? Where is your focus?
- How have you allowed pride to create tolerance for sin in your life rather than fleeing from sin?

REST

- Is there something in your life that is not life giving or life stealing?
- What is a moment that should have been chaotic, but you allowed God's will to control the situation and you experienced His rest/peace?

ACT ON IT



ENCOURAGE

Trusting in God is easier said than done. However, with trusting God, we are trusting the one who knows our future with our future. We are trusting the Prince of Peace with giving us peace. We are trusting the One who gave His all with our eternity. We are trusting the Creator of everything with our everything. God is faithful. He is kind. He cares about you. He knows all. He sees all. AND HE STILL LOVES YOU MORE THAN ANYTHING.



ASK

What are some signs that you are not "resting" in God's truths?



Do not let today's message just go in one ear and out the other. Allow it to reveal areas of growth in your life. God is not looking for you to have it all figured out - but He is calling us closer to Him - drawing us nearer to Him! Each day - one step closer.

PRAVER

Lord, we love you and we thank you for your never ending love for us. We thank you for being trustworthy and never letting us down. Holy spirit, let these words pierce our hearts and reveal to us what needs to be exposed in order for us to have full rest in You. Help us discern what is of You and what is not and get rid of anything that is causing a division between me and You. Thank you, Jesus, for sacrificing all I can have a relationship with You. We love you and we praise you. - Amen