

THE BOOK OF
EPHESIANS



Week of June 23 , 2024

PUT OFF. PUT ON. PUT AWAY

Ephesians 4:17-32

Speaker: Pastor Elmer Cañas Jr.

ICEBREAKER

Are you Team Sams or Team Costco?



Introduction

- Last time, Pastor Mike challenged us to have Big, Hairy, Audacious Prayers and to believe that God can do it. Have you been continuing to pray and believe in God for BIG things? Testimonies?

THE CROWD

- As Paul looked into the crowd of unbelievers he said there was no sense of shame, they had given themselves up to the control of sin and are unrestrained in their desires. They become callus to the sins of the world. As a believer what are ways you find yourself calloused and desensitized to the things of God?
- Paul pointed out that the gospel is for all people, including the gentiles. How does the calloused heart of unbelievers cause you to hesitant in sharing the gospel.

PUT OFF

- What are some of the characteristics of your old self have you shed since you have become a Christ Follower?
- What are the characteristics that sometimes you still struggle to shed?

PUT ON

- What are some habits that you could put in place to help shield yourself from things that are not Godly.
- Putting on the new self is different for everyone, but it always looks like Jesus. What does your “new self” look like?

PUT AWAY

- What is the difference between putting off sin and putting away sin?
- How are you allowing the Holy Spirit and the truth of the Word of God (Bible) to help you to put away your sinful nature?

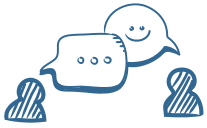
DON'T JUST DO, BUT RATHER BE

- “The more you see God, the more of God will be seen in you” (Charles Spurgeon). In what ways do you sometimes find yourself being a “card holder christian” rather than in a deep relationship with God?
- What Godly principles have become second nature (the “be”) to you as a Christ follower? Are there disciplines you still struggle with (the “do”)?

ACT ON IT



Encourage



The more you seek God, the more God is seen in you.

Ask



Ask God to help you put off your old ways of thinking and allow the Holy Spirit to direct your thoughts and speak to you. Ask the Holy Spirit to reveal the things you need to “shed”.

Challenge



Take time this week to really hear from God what he wants you to put off or put away. Then find a scripture to memorize that will help and encourage you to make those changes.

PRAYER

Lord, I desire to be more like you; I choose to put off the old me and build your truth as my truth. Help me put away my old mindset, which tried to fool me into thinking I was right in my sin. Lord, help me enjoy the benefits of being one of your children. Help me to be a forgiving individual, to be a lover of God and people, and to become a servant. Lord, I recognize you have good plans for me, and I receive them.