



# **KIDPOINT PRAYER GUIDE**



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# Dear Friend,

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We are so proud of you—learning what prayer is, how to pray, and how important prayer is to your everyday life is one of the most important things you can do as a follower of Jesus. From day one, our church has prayed first in every situation, good or bad. Jesus is always the answer, He is our best friend, and He is always ready to talk with us. The more we learn about prayer, the easier it becomes. The easier it becomes, the more fun it is! When we find out how to have real conversations with Jesus every day, we can experience the presence of God, which has the power to change our lives in the best way possible. Praying and talking with Jesus should be the best part of our day! Once you learn how to pray, you can make it a part of your everyday life.

## You can pray:

- Before the day begins
- Before you go to school
- Before you hang out with your friends
- Before practice
- Before you play a big game
- Before you go to bed
- When something bad happens
- When something good happens
- In every situation - PRAY FIRST!

We hope you will use this journal as a part of your daily prayer life, and that it helps you grow closer to Jesus. I pray blessings over your prayer life because prayer changes everything!

**- The KidPoint Staff**

# Lifestyle Prayer

It was very early in the morning and still dark. Jesus got up and left the house. He went to a place where he could be alone. There he prayed.

MARK 1:35

## What we can learn from Jesus:

He prayed every day.

He prayed in a certain place.

He prayed with a plan.

### 1. Time

The Bible says that Jesus got up very early in the morning to spend time with His Heavenly Father and pray. Jesus had a specific time every day that He always knew was His prayer time. We should do the same.

***Did you talk to Jesus Today?*** Color in your answer!



***When will your prayer time be?***

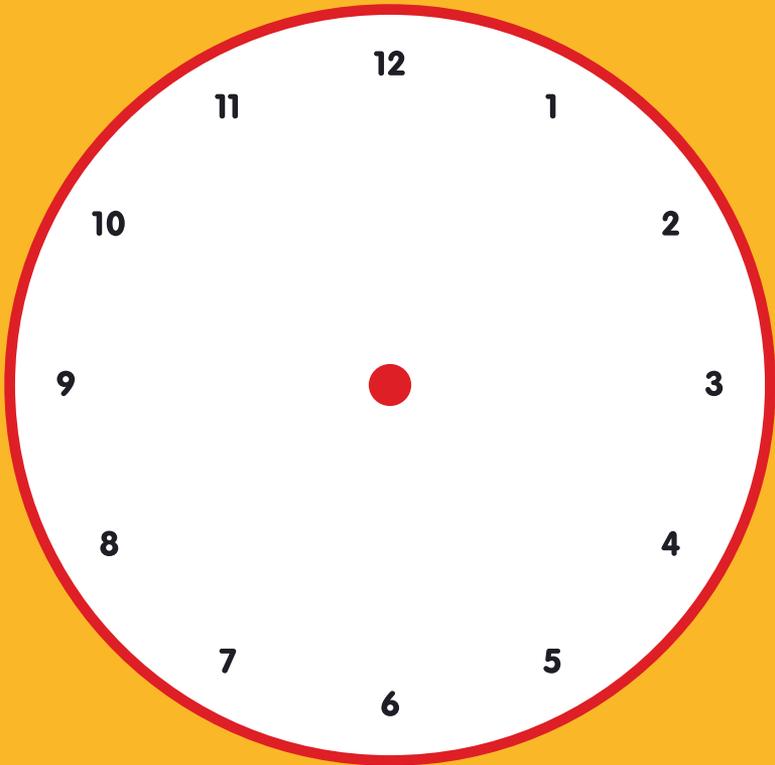
**Use a pencil to circle your answer or answers!**

When I Wake Up

In The Afternoon

Before I Go To Sleep

**Use a pencil & fill in the time  
you prayed today!**



## 2. Place

Jesus had a certain place that He would go to pray. We also need to have a place that doesn't have any distractions, noises, or things that would keep us from focusing on Jesus.

***My favorite place to pray is:***

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## 3. Plan

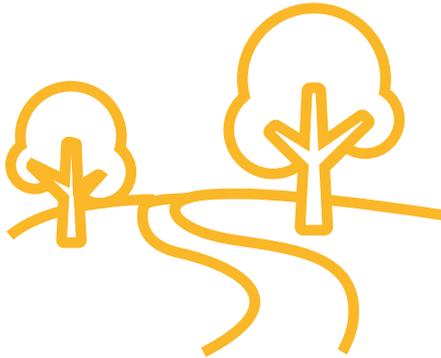
Whenever Jesus prayed, He always had a plan. He had things on His heart that He wanted to pray for and knew how He wanted to pray for them.

**What is something you can pray for today?**

Draw a picture of someone or something you can pray for today!



**Color in the place below  
where you like to pray to Jesus.**



# The Lord's Prayer

One day Jesus was praying in a certain place. When He finished, one of His disciples spoke to Him, "Lord," He said, "teach us to pray..."

LUKE 11:1

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**"Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen."**

MATTHEW 6:9-13 NKJV

**One of His  
Disciples  
said to  
Him "Lord,  
*teach us  
to pray...*"**

# 1. “Our Father in Heaven...”

## Coloring Activity



**Connect with God. He is your loving Father.**



## 2. “...Hallowed be Your name...”

**Jesus**

### **Worship His name.**

God's name is a place of protection — good people can run there and be safe.

PROVERBS 18:10 MSG

# Match who He is with what He can do!



<b>Healer</b>	God is on my side and will fight for me.
<b>Friend</b>	God is in charge and wants the best for me.
<b>Peace</b>	I will choose joy because God is my joy.
<b>Forgiveness</b>	He is my hope for every situation.
<b>Love</b>	He forgives me for anything I have done and will do.
<b>Hope</b>	Jesus loves me the most.
<b>Joy</b>	He brings me peace no matter what I go through.
<b>King</b>	He is always with me.
<b>Protector</b>	God heals all our diseases.

### 3. “...Your kingdom come. Your will be done on earth as it is in heaven...”

#### Coloring Activity



#### **Pray for what He wants.**

He will always give you all you need from day to day if you will make the Kingdom of God your primary concern.

**LUKE 12:31 TLB**



## 4. “...Give us this day our daily bread...”

### Coloring Activity



**Ask God for what you want and need,  
and then trust Him to provide for you.**

I look up to the mountains. Where does my help come from?  
My help comes from the Lord. He is the Maker of heaven and  
earth.

**PSALM 121:1-2 NIRV**



## 5. “...And forgive us our debts, as we forgive our debtors...”

### Coloring Activity



### **Make sure your heart is right with God and with people.**

But God is faithful and fair. If we confess our sins, he will forgive our sins. He will forgive every wrong thing we have done. He will make us pure.

**1 JOHN 1:9**

***I am  
forgiven.***

***I can  
forgive.***

**Ask Jesus to look inside your heart:**

1. What do you need to ask forgiveness for?
2. What do you need to forgive someone for?

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**6. “...And do not lead us into temptation, but deliver us from the evil one...”**

**Coloring Activity**



**Replace any lie the enemy has told you with the truth of God’s Word.**

Our fight is not against human beings. It is against the rulers, the authorities and the powers of this dark world. It is against the spiritual forces of evil in the heavenly world.

**EPHESIANS 6:12**

# ***God's Word is Truth!***

Replace the lies you may have heard.  
with what God says is true.



## **LIES I HAVE HEARD**

"I am mean."

"I am ugly."

"I don't have friends."

"If I lie, I won't get  
into trouble."

"If I do what's wrong,  
I'll fit in."

## **WHAT GOD SAYS IS TRUE**

I can be a  
friend like Jesus.

I am fearfully and  
wonderfully made.

Jesus loves me  
and I am never alone.

I can tell the truth  
and not be afraid.

My identity comes  
from Jesus.

**7. “...For Yours is the kingdom and the power and the glory forever. Amen.”**

**Coloring Activity**



**God can do anything (believe it)!**

Lord and King, you have reached out your great and powerful arm. You have made the heavens and the earth. Nothing is too hard for you.

**JEREMIAH 32:17**

**For Yours**  
**is the**  
**kingdom**  
**and the**  
**power and**  
**the glory**  
**forever.**



# Tell Jesus How Great He is

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A jump start to praying this way is below. Fill in the blanks and add your own praise and worship as you talk to Jesus about how great He is!

Look up Scripture as you walk through this outline.

Hi Jesus!

I love You so much!

Thank You \_\_\_\_\_ .

(PSALM 100:4; 118:24)

I love that You created \_\_\_\_\_ .

When I'm outside, I notice \_\_\_\_\_  
in Your beautiful creation!

God, You made me. Thank You for my ability to  
\_\_\_\_\_ . (MARK 12:30)

You love me for who I am, no matter what.

Thank You for being my God and my Friend. I love You!

In Jesus' name, amen.

## ***Give Thanks Every Day***

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Having a thankful heart is something that Jesus loves. Giving thanks to God makes even bad days good. A jump start to praying this way is below. Fill in the blanks and add your own words of thankfulness!

### **Hi God!**

I am so thankful for You and all that You have given me.

Today, I thank You for my family!

I pray that for my family You would \_\_\_\_\_ .

I thank You that I get to wake up and have a new day!

I pray today for \_\_\_\_\_ .

Thank You for the food I get to eat, the clothes I get to wear, and the house I get to live in.

Thank You for \_\_\_\_\_ .

Thank You for dying for me and saving me.

Help me be more like You, Jesus.

I am so thankful for You! I love You! (Psalm 96:1-2)

In Jesus' name, amen.

## ***Ask God to Lead You Every Day***

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Have you ever been lost and not know where you were going? It's not a fun feeling. The easiest way to avoid this is to ask for directions from someone with a map. Jesus has the map to life and has the best plan for your life.

Follow the numbers 1-5 and color in the road map on the next page as you ask Jesus to lead you today!

1. Thank You, Jesus, for the plan You have for me!
2. Today I choose Your plan for my life, because I know it's the best plan there is!
3. Lead me. Give me words to say. Help me think good thoughts.
4. Help me to be kind to people, be wise, and make good choices.
5. Jesus, please make me more like You every day. In Jesus' name, amen.

5

4

2

3

1

## ***Prayers for When I Need Help***

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### **Pray through the Armor of God**

Read Ephesians 6:11-18 and then say a prayer to God like the one on the next page to put on your armor!

Put on all of God's armor. Then you can remain strong against the devil's evil plans. Our fight is not against human beings. It is against the rulers, the authorities and the powers of this dark world. It is against the spiritual forces of evil in the heavenly world. So put on all of God's armor. Evil days will come. But you will be able to stand up to anything. And after you have done everything you can, you will still be standing. So remain strong in the faith. Put the belt of truth around your waist. Put the armor of godliness on your chest. Wear on your feet what will prepare you to tell the good news of peace. Also, pick up the shield of faith. With it you can put out all the flaming arrows of the evil one. Put on the helmet of salvation. And take the sword of the Holy Spirit. The sword is God's word. At all times, pray by the power of the Spirit. Pray all kinds of prayers. Be watchful, so that you can pray. Always keep on praying for all the Lord's people.

**EPHESIANS 6:11-18**

## Praying through The Armor Of God

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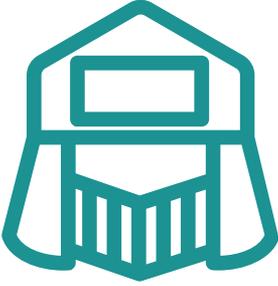
Lord, Today, I put on the full armor of God. I am protected. I put on the **belt of truth** to speak and walk honestly. I will put into place **the breastplate** to do what is right. I will strap onto my feet and be ready with the **gospel of peace**. On my arm, I will carry the **shield of faith** and block the attacks from the enemy. I know God is with me. On my head, I will wear **the helmet of salvation**. Jesus loves me, and I belong to Him!

With my shield in one hand, I will carry **the sword of the Spirit** with me in the other. It is the Word of God.

I will pray on all occasions, everywhere, for anything. I will be alert and never stop praying daily for those around me. In Jesus' name, amen.

## Coloring Activity

**HELMET OF  
SALVATION**



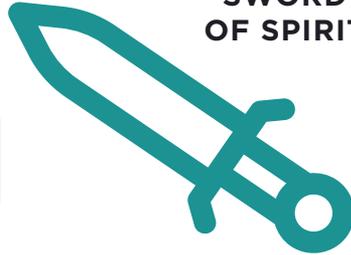
**BREASTPLATE  
OF RIGHTEOUSNESS**



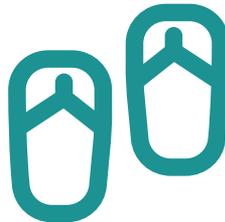
**BELT OF TRUTH**



**SWORD  
OF SPIRIT**



**SHIELD  
OF FAITH**



**GOSPEL OF PEACE**

## ***Prayers for My Family***

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Honor your father and mother. Then you will live a long time in the land the Lord your God is giving you.

**EXODUS 20:12**

Jesus,

Today, I thank You for my family.

I thank You that You love us and want the best for us.

I pray You would give (say their names) and me wisdom today to make good choices and do the things You would want us to do.

I pray that You will bless us so that we can be a blessing to others.

I pray You will give us favor and influence.

I pray You would lead us and guide us through the whole day and I pray that You will watch over everything we do.

I pray that You would cover us, protect us, and keep us far from any harm so that we can do good things for You.

In Jesus' name, amen.

## ***Prayers for When I Feel Alone***

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I will never leave you or let you be alone.

**HEBREWS 13:5 NLV**

I am with you always.

**MATTHEW 28:20**

Jesus,

Thank You that You are my best friend.

Thank You that You never leave me, and that I never have to feel alone.

As You are with me today, help me follow You and make good choices.

Help me forgive anyone who has hurt me.

Thank You for the comfort that Your Spirit brings me.

Help me be like You and choose to love people the way You love people.

In Jesus' name, amen.

## ***Prayers for When I Feel Afraid***

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God gave us his Spirit. And the Spirit doesn't make us weak and fearful. Instead, the Spirit gives us power and love. He helps us control ourselves.

**2 TIMOTHY 1:7 NIRV**

Jesus,

Today I pray against the spirit of fear.

I command it to go by the authority that You have given me by Your name.

I ask that You would give me peace, perfect love that casts out fear, and complete confidence in You.

Thank You that I don't have to be afraid.

Thank You that You are in control.

Thank You that You love me.

In Jesus' name, amen.

**List Below What You Don't Need  
To Be Afraid of and the Things  
You Can Have Peace About!**



**I DON'T NEED TO  
BE AFRAID OF:**

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**I CAN HAVE  
PEACE ABOUT:**

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## ***Prayers for Protection***

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Jesus always wants to keep us safe because He loves us. There are three great things we can use to protect ourselves.

### **1. The Name of Jesus**

Jesus tells us that He will protect us and keep us. He will cover us with His wings. The Bible says that the name of the Lord is a strong tower that we can run to so we can be kept safe.

### **2. The Covering of the Blood of Jesus**

When Jesus died on the cross for us, His precious blood was shed. And that blood saves us, washes our sin away, and protects us.

### **3. The Word Of God (The Bible)**

The Bible is full of prayers of protection. It is such a powerful weapon against the enemy. We can pray God's Word over us and our family. Psalm 91 is one of those great prayers of protection.

**Jesus,**

Thank You that I am important to You.

Thank You that You are always watching over me and protecting me.

I pray that You will cover me with the protection of Your blood and surround me with Your angels.

I run to the name of Jesus, my strong tower.

Thank You for being my rock and strong defender.

Please protect my family and me from every evil attack.

In Jesus' name, **amen.**

**Read out loud Psalm 91 when you are finished praying.**

# Prayers for Others



I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth. 1 TIMOTHY 2:1-4

**Fill in the lists below with names of those in each category that you can be praying for.**

**My Church** \_\_\_\_\_

**My Government** \_\_\_\_\_

**My School** \_\_\_\_\_

**My Family** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**My Friends** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**People Who Don't Know God** \_\_\_\_\_

\_\_\_\_\_







**Color a picture of something  
you are believing God for!**



**Color a picture of an  
answered prayer!**

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The logo for KidPoint features a stylized white 'K' inside a white circle, followed by the text 'KidPoint' in a bold, white, sans-serif font. The 'K' is partially enclosed by the circle, with the top and bottom curves of the circle overlapping the vertical strokes of the 'K'. The entire logo is centered horizontally and positioned in the lower half of the image.

**KidPoint**