



# 1 Timothy

FAITH, LEADERSHIP AND LIVING WITH PURPOSE

WEEK OF MARCH 2, 2025

Guarded, Godly, & Great (1 Timothy 4.1-16)

SPEAKER: PASTOR MIKE BURNETTE

ICEBREAKER



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WHAT IS AN OLD WIVES TALE OR “SILLY MYTH” THAT YOU GREW UP WITH?

GUARD YOUR LIFE TO GUARD YOUR FAITH V.1-5

(READ 1 TIMOTHY 4:1-5)

- Pastor Mike said “When you have accepted Jesus you become a Target for the devil.” Share a time when you feel this has happened to you. Why do you think we become a target?
- What does it mean to guard your faith?
- What are the specific things or areas of your life that you feel you need to guard against?
- What are the actions or characteristics of people in your life (think of specific people—don’t name names) that you need to guard against?

## OUR RIGHT PURSUIT V.6-11

- v7-8 Talks about bodily training versus spiritual training. What are you doing in your physical training that you aren't replicating in your spiritual training? (Think beyond just the gym... goals, hobbies, career aspirations)
- What areas of Godliness do you believe GOD would have you train in for this next season (Speech, prayer life, forgiveness, generosity, faith, joy, kingness, etc)?

## SET A GREAT EXAMPLE V.12-16

- v12 Share a time when you felt your can you identify with Timothy; Despised, Judged, looked down on because of you your "youth" or position, stage and/or status of life?
- Pastor Mike said I can't control how people feel about me but I can control how I allow it to affect me. How do you find yourself digging into who God says you are?
- Rate yourself in the areas of speech, conduct, love, faith and purity. What are some areas you feel you are doing well in and what areas do you want to grow in?

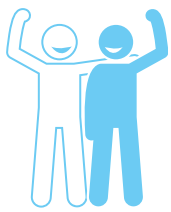
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## ACT ON IT

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### ENCOURAGE

Be encouraged to know that God knew what he was doing when he made you. And God knew what he was doing when He called you his own! Guard your life in Christ.



### ASK

In what areas of godliness do you believe God would have you train in for this next season? Would it be Godly speech? Godly prayer life? Forgiveness? Generosity? Faith? Joy? Kindness?



### CHALLENGE

Your life is on display and the whole world needs you to live in such a way that honors the Gospel at all times! Live your life as an example of who Jesus is in you! Don't let anyone hold you down, hold you back, discourage you or dissuade you to be the example with your whole life for God.

## PRAYER

Lord, help me to live as an example for you because I chose to commit my life to you. Our world is full of deception and divisiveness, and it appears easy to fall into its trap or seem to fall in by association. Lord, I am committed to change, and I need your help to reveal the areas where I have allowed deception to infiltrate my thoughts and communication. Thank you for helping guard me against the evils set to ensnare our lives and keeping us safe in your will.