



# PRACTICAL PROVERBS

WEEK OF MARCH 29, 2026

## PRACTICAL PROVERBS

DON'T GO BACK, FIND FREEDOM

SPEAKER: PASTOR MIKE BURNETTE

### ICEBREAKER



WHAT TYPE OF KIND OF PET DO YOU OWN? WHAT PET DO YOU WANT TO OWN?

#### THE STRUGGLE IS REAL (ROMANS 7:15-25)

- *Think of mistakes you made that you seem to repeat time and time again. Why do we do things like that? How do we break the cycle?*
- *Pastor Mike talked about HALT. It's normal to struggle with sin when we're hungry, angry, lonely, tired. When that happens, do you seek help from God, or do you use the struggle as an excuse to give in to it. Why?*
- *Romans 7:23 talks about the war waging within us. What does that battle look like for you in your daily life and when is it the hardest for you?*
- *What is one pattern in your life that you keep going back to, even though you know it's not good for you? Why do we do this and what can we do to stop this cycle?*
- *Conviction is the voice of the Holy Spirit. Condemnation is the voice of the enemy. What is the difference between these two voices?*
- *Read James 1:13-15. Why are we always tempted by things we like? How do we resist?*

#### MADE NEW WITH JESUS (2 COR. 5:17-21)

- *According to this verse, our identity has changed. What is a label in your past that has been hard for you to let go of? How do you let go of the "old you" and embrace your new identity as a child of God?*
- *Sometimes we allow the world to shape us more than we allow God to. Look inward and take a personal inventory. Is there something in your life that you need to push aside, in order to let God have His will with you?*
- *You're a new creation. Therefore, you are an ambassador for Christ and the righteousness of God. Where are you doing this well? What can you improve upon this week?*

# WEEK OF MARCH 29, 2026

## PRACTICAL PROVERBS

### HOW TO FIND FREEDOM

- *Know God (Romans 10:9-10)*
  - *Have you confessed Jesus as your Lord of your life and that He was raised from the dead by God? Christians have authority over all the power of the devil. Are you walking in victory over sin?*
  - *What is one area of your life that you have yet to surrender to His leadership?*
  - *Romans 10:9-10 connects both believing in your mind and confessing with your mouth. Is it easier to do one than the other for you? Why?*
- *Be Transformed (Romans 12:1-2)*
  - *Present your way of life and everything about you as a living sacrifice, saying no to your fleshly desires. Where are you doing this well? What is one practical way you can seek God's help to improve this week?*
- *Be Different (Hebrews 12.1-2)*
  - *We need to lay aside every weight and sin, so that we can run alongside God. What weights and sins do you need to lay aside? What is the sin that is slowing you down right now and why are you still carrying it?*
- *Be Accountable (Prov. 27.17)*
  - *Why do you think isolation makes it easier to fall back into old habits?*
  - *Accountability only works when you're accountable. Are you in a small group? Are you on a dream team? If not, why not?*
- *Depend on God (Titus 2.11-12)*
  - *Many Christians think they'll finally beat sin when they die, but the grace of God and the Holy Spirit is here to help you NOW. How will you grow to depend more on God and less on your own flesh?*
  - *Grace is not just for forgiveness, it's also there to train us. Where do you need to allow God to "train" you today?*

WEEK OF MARCH 29, 2026

## PRACTICAL PROVERBS

---

### ACT ON IT



## ENCOURAGE

God has given us clear direction for how to live and walk in a way that pleases Him. He has given us His Son, His Spirit, and God has given us His Word. God has given us a great church community to live this life together and grow in our faith. We are getting closer to Him in prayer and study of His word and becoming more like Him in our walk with Jesus!



## ASK

Are you walking with God? Are you being transformed or are you being conformed? Are you living differently than our world or just like the world? Are you accountable to other Christians? And ultimately, are you depending on God to live a life that pleases Him?



## CHALLENGE

Let God transform your life, walk with God, live differently than the world and do not be conformed to it. Be accountable to other Christians and depend on God to live a life that pleases Him.

## PRAYER

Lord, we thank you for your Son who died for our sin and the Holy Spirit who lives in us. We surrender our control to you and accept your will in our lives. Lord, we pray that you will give us the strength and courage to be transformed by you and not conformed by the world, and we pray that the Holy Spirit will give us the words to say when confronted by the enemy in this world. Most of all, we pray that we will be a beacon of light and a reflection of you to the lost around us, so that we might see the “one more” saved and brought to new life in you. In the holy name of Jesus, AMEN!