

Sermon on the Mount



WEEK OF SEPTEMBER 6, 2026

Sermon on the Mount

FOCUS AND WORRY FREE

SPEAKER: PASTOR MIKE BURNETTE

ICEBREAKER

*IN HONOR OF LABOR DAY, WHAT IS THE WORST OR
WEIRDEST JOB YOU'VE EVER HAD?*



I. A HEART FOR GOD, OR FEAR, OR GREED (MATT 6:19-21, 24))

- Jesus connects our treasure directly to our heart and challenges us to consider what has mastery over our lives.
- Pastor Mike said, “Do I possess my things, or do my things possess me?” What is something—money, success, possessions, relationships, hobbies, etc.—that can easily compete with God for your heart?
- What are some things that you have seen or done that reflect “lay up treasures in Heaven” and how does it challenge you to change?

II. WHERE YOU LOOK MATTERS (MATT 6:22-23)

- The message challenges us to examine what has our attention and to intentionally keep our eyes, hearts, and lives focused on Jesus.
- What things keep your focus to most right now, and how does that affect your thoughts, emotions, and decisions?
- What is one practical habit you could put in place this week to help you keep your eyes on Jesus when other things compete for your attention?

III. WE DON'T NEED WORRY, STRESS, OR ANXIETY! (MATT 6:25-34)

- Jesus points to the birds and lilies as reminders of God's care and then gives us a practical response to worry.
- Pastor Mike equated anxiety to a lack of faith or our need to be in control. Which one of these do you struggle with more (faith or control)?
- Read Matt 6:33. “Seek first the Kingdom ...” (this is the remedy for anxiety) What does this practically look like for you every day?

ACT ON IT



ENCOURAGE

You belong to God, and you can trust Him. You don't have to be mastered by money, possessions, distractions, fear, or worry. Jesus invites you to live close to Him with your heart, eyes, and attention focused on Him. As you seek Him first, you can trust that He sees you, cares for you, and knows exactly what you need.



ASK

What has the greatest hold on my heart and attention right now and is it drawing me closer to Jesus or distracting me from Him?



CHALLENGE

Choose one thing that has been competing for your focus this week and intentionally surrender it to God. Then replace that attention with time seeking Jesus, through prayer, God's Word, worship, and connection with His Church. Each day, ask God to help you keep your heart and eyes focused on Him and trust Him with what you cannot control.

PRAYER

Use these prompts to help guide your prayer:

God, Have My Heart

- Ask God to reveal anything that has become more important than Him. Pray for a heart that treasures what He treasures and puts His Kingdom first.

God, Fix My Eyes on You

- Ask God to help you recognize the distractions competing for your attention. Pray for the discipline to keep your eyes on Jesus and allow His truth—not the world around you—to shape your perspective.
- God, Help Me Trust You
- Give God the specific worries, fears, and circumstances you've been trying to control. Ask Him to strengthen your faith and help you trust that He sees you, cares for you, and knows what you need.